

DH Committee Meeting Minutes

Venue	People First	Date	Monday 1 September 2026
Chair	LG	Time	6.30 pm
Location		Minutes by	Christine Southam
Attendees	Lindsay Graham (LG) Ewen Gillies (EG) Christine Southam (CS) Mark Moody (MM) Simon Dolman (SD) Julie Fell (JF) Niki Iveson (NI) Kerrie Fiddler (KF) Gill Harding (GH) Zoe Ferguson (ZF) Adam Cleminson (AC) Emma Taylor (ET)		
Apologies	Julie Dodd (JD) Bev Armstrong (BA)		

No.	Agenda Topics
1.	Apologies
2.	Previous Minutes
3.	Treasurer Update
4.	Welfare Report
5.	Club Standards
6.	Welcome Email
7.	Event Planning – Cumbrian Run, River Run, Christmas Party
8.	AGM
9.	Cross Country
10.	Website
11.	Action Plan Updates
12.	AOB
13.	Date of Next Meeting

Key Points Discussed		
1.	Apologies	JD and BA
2.	Previous Minutes	Had been shared with the Committee, agreed and posted on the website.
3.	Treasurer Update	EG presented the annual accounts prepared to 30 June 2026. A surplus of £2771 was generated, which was slightly higher than usual due to the 15-month accounting year. The club has also successfully increased non membership income in a number of areas and simultaneously reduced excess expenditure in line with the stated objectives of reducing member subscriptions and increasing member benefits such as track nights etc. LG and CS verified the amounts shown on the relevant bank statements.
4.	Welfare Report	There were no welfare issues to report.
5.	Club Standards	CS said everything was up to date on the England Athletic porta, all of the seven required standards are in place. We have been informed by England Athletics that in the future there will be a new process for DBS applications. There will be digital identity checks rather than face to face checks. No date has been set as to when this will start. We currently have 182 competitive members and 87 non-competitive members.
6.	Welcome Email	LG and MM will draft a 'welcome email' to share with the Committee at the next meeting. Since membership payments have been paid via England Athletics members have not received a welcome email. LG did write the introduction to the last club newsletter welcoming everyone to the new membership year. From next year when members have paid their membership, they should then receive a welcome email from the club.

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7.	Event Planning – Cumbrian Run River Run Christmas Party	Cumbrian Run (Sun 4 Oct): EG, JF, ZF and ET have offered to help on the morning of the event. We will have the gazebo there as in the last couple of years. LG will send out an email asking for any members who might like to help. River Run (Sun 25 Oct): the medals have been ordered. Risk assessments done. Race licence applied for. There has been a suggestion from a member about having spot prizes, the River Run working group will discuss this. Entries are at a similar level as this time last year. It's hopeful that the race will be a sell-out. Christmas Party (Sat 12 Dec): NI, KF and GH agreed to start planning this event.
8.	AGM	This is on Saturday 28 November, 10.15 am at Morton Manor. LG will give a shout out for members to send in photos prior to the event. As well as the business part of the meeting there will be: foodbank collection, kit swap, raffle, club charity vote, draw for the club London Marathon place. LG will invite someone from our current club charity, the Well Communities, to come along and give a talk about their work.
9.	Cross Country	GH said that provisional dates have been set for the Cumbria Cross Country League. The first event is on Saturday 26 September at Cockermouth. The Carlisle event is on Saturday 7 November, permission has been given to use the carpark and football changing rooms at Pirelli. GH will write an email to send out to members as soon as entry portal is live.
10.	Website	We are very grateful for all the work Paul Teague has done on creating our new website and keeping it going since the last AGM. Paul has done training with some of us and is also compiling a 'how-to' document. The Committee needs to decide going forward about the plan for looking after the website as Paul will stand down at the AGM, this has been the plan all along. CS is going to discuss this with Paul. Any Committee members who need any training have been advised to contact Paul direct.
11.	Action Plan Updates	The Committee went through the action plan, CS will send out the updated action plan to the Committee for approval with the minutes.
	River Run	Some information about the River Run has been passed on to EG.
12.	AOB	
	Cross Country Championship	GH has said she will need some help with the scoring of the Cross-Country Championship. LG said she would help.
	Recovery Run	Saturday gone had seen the Well Communities Recovery Run take place. A few members had gone down. It had been a successful event, very friendly and supportive. Andy McGovern had thanked everyone for going.
	Hydration Pack	JF showed a demon hydration pack which has been given as a freebie for the club. The pack is in black and has the club logo on. JF will take it along to the AGM to show members, to see if there is any interest in anyone purchasing them. The pack costs £35. The club would have to buy them in, in multiples of 4.
	Feedstation and Lakeland 100	SD is going to find out more about this. Lakeland 100 will be looking for a group to be responsible organising the feedstation at Buttermere from 2028. This will be considered when we get more details.
	Run Leader Page on Website	AC said the Run Leader page needed updating on the website. AC agreed to collect the required photos. CS will update the page with the missing photos.
	London Marathon Club Place	There is a possibility we will have to club places this year due to the London Marathon being held on the Sunday as usual and the extra race on the Saturday. The criteria to take in the draw for the place has been agreed by the Committee – *You must've paid your DH membership by 31 August *You must have competitive membership * You have received a 'Not this time' email (to be forwarded to the club secretary – date to be determined when AGM invitations are sent out) *Not been successful in the DH ballot for the last 10 years. If we are given 2 places (one for each day), the first name drawn could decide if they want to take part in the race on either the Sunday or Saturday
	Track Nights	The Committee agreed that the next 3 Track nights should be paid for by the club. LG to ask Mark Drummond to book them.
13.	Date of Next Meeting	Monday 2 November 2026. It was agreed that future meetings will take place at 6.00 pm.