

DH Committee Meeting Minutes

Venue	The Scout Hut, Trinity School	Date	Monday 9 February 2026
Chair	LG	Time	6.30 pm
Location		Minutes by	Christine Southam
Attendees	Lindsay Graham (LG) Julie Dodd (JD) Ewen Gillies (EG) Christine Southam (CS) Mark Moody (MM) Julie Fell (JF) Kerrie Fiddler (KF) Niki Iveson (NI) Zoe Ferguson (ZF) Adam Cleminson (AC) Emma Taylor (ET)		
Apologies	Simon Dolman (SD) Bev Armstrong (BA) Gill Harding (GH)		

No.	Agenda Topics
1.	Apologies
2.	Previous Minutes
3.	Treasurer Update
4.	Welfare Report
5.	Club Standards
6.	Membership Fees
7.	Website
8.	Laptops
9.	Run Leaders
10.	Carlisle Tri Club
11.	Caledonian Park 5k
12.	Action Plan Updates
13.	AOB
14.	Date of Next Meeting

Key Points Discussed		
1.	Apologies	SD, BA and GH
2.	Previous Minutes	Had been shared with the Committee, agreed and posted on the website.
3.	Treasurer Update	EG advised that he had been in contact with The Well Community to explore the most beneficial method of donating as TWC is a CIC (social enterprise) not a registered charity. A decision will be communicated once agreed.
4.	Welfare Report	Following an issue being raised, information was signposted for support.
5.	Club Standards	CS reported that BA had reviewed the Health and Safety Policy, JD had reviewed the Inclusion Policy and CS had reviewed the Privacy Policy. These have all been updated on the EA portal. Following the AGM, the Constitution has been updated and also added to the EA Portal. All these have also been updated on the DH website. SD and LG agreed to review the Grievance and Discipline Policy, CS needs this before the end of March at the latest.
6.	Membership Fees	It was agreed that the subscriptions for the forthcoming year would be: *Early Bird Adult (1 - 30 April only) £12 *Standard Adult (1 May onwards) £15 *Junior £5 EG covered both the internal club financial position, including the recently successful River Run, and the external economic environment including the December CPI/ RPI inflation data. In view of both of these aspects it was agreed

DH Committee Meeting Minutes

		<p>that 2026/27 subscriptions could be reduced to provide welcome benefits to members.</p> <p>In addition, it was noted that England Athletics have increased individual affiliation for the year to £23 (15% increase) and there was a strong desire for transparency in order to ensure that members can make an informed decision regarding whether they affiliate or not, based on a clear understanding of the cost involved.</p> <p>In practice, this means if a member chooses EA affiliation, they will pay an extra £23 for this in addition to either the £12 or £15 club specific fee based on whether they renew prior to 1 May 2026 or not.</p> <p>EG will draft out an email to be sent out to members re the memberships fees.</p>
7.	Website	Paul Teague has delivered a training session with some Committee members in relation to inputting information on the website. He has also delivered some 1 to 1 sessions. We are very grateful for Paul's help and support.
8.	Laptops	Two Chromebooks have been purchased by the club. Paul Teague is setting these up and they will be used by two Committee members to facilitate them carrying out their roles to input information on the DH website.
9.	Run Leaders	BA was absent from the meeting but had sent in a report which was read out by LG. Recently a signing in and signing out form has been introduced at run groups. We currently have 19 licenced Run Leaders. BA will check with Run Leaders who have an out-of-date licence as to whether they are going to renew. Some members have expressed a wish to train as Run Leaders, the Committee agreed to this as long as they are required. Some Committee members who are Run Leaders did feedback to the meeting that the signing in sheet is difficult to manage; some run groups have started late due to using the sheet, some people arrive last minute so it's difficult to add them, also not many are signing out at the end. LG will feed this back to BA.
10.	Carlisle Tri Club	LG reported that Carlisle Tri Club have enjoyed our collaborative runs, they are looking forward to more partnership events. They have asked if we can provide 5 marshals for the duathlon on Sunday 8 March, LG will put a request on the DH Members Facebook page. They are offering us one free place in their 10k race and 5k race on Sunday 7 June. They will also offer a discount code to DH Members for these races. They will add the DH River Run to their club championship and offer marshals. In return the Committee agreed to offer two free places in the DH River Run and will invite them to join in our 24-hour relay.
11.	Caledonia Park 5k	LG has been approached to ask if DH Runners would like to take on the organising of this 5k run which takes place in September. After discussion it was agreed that we wouldn't like to do this, it was felt that this wasn't on our patch and also, we would be busy organising the DH River Run.
12.	Action Plan Updates	The Committee went through the action plan, CS will send out the updated action plan to the Committee for approval with the minutes.
	Kit	JF had sourced cycling tops which had been requested by members. These have been bought and distributed. JF did look at obtaining tri-suits, but these turned to be expensive and large numbers would be need to ordered.
	Run Director	CS is waiting for information from SD to follow this up.
	Noticeboard at Sheepmount	JF will update the noticeboard next week.
	Cross Country Kit	This hasn't been bought yet, EG will contact Matthew Holiday about this.
13.	AOB	
	Magic Mile	Discussion took place as to whether this could be used on a joker card as part of the championship. We need to check what is already stated on the information about the championship. If agreed this needs to be informed to members.
	Sunday Social	NI suggested for the March Sunday Social on Sunday 29 March, that we should have a run in the morning and then the options of going out for a meal on the evening. The Committee agreed to this. Information will be emailed out to all members.
	Spot Prizes	CS proposed that there should be some spot prizes awarded for those who have completed the necessary number of races for the club championship and aren't

DH Committee Meeting Minutes

		the first three finishers. This was agreed and a decision would be agreed to how these would be awarded at end of the championship.
	Newsletter	JD requested that we all encourage members to send in content for the newsletter. ET would put an appeal on the DH members Facebook page. EG, MM and NI agreed that they would answer the questions for Under the Headtorch.
14.	Date of Next Meeting	Monday 13 April 2026.