



DH Runners Committee Meeting Minutes – February 2024

Lindsay Graham's Home – Monday 26 February 2024

Venue: Lindsay Graham's Home

Date: 26.02.2024

Time: 19:00

Chair: Cath Wood

Minutes by: Christine Southam

Attendees: Cath Wood (CW), Simon Dolman (SD), Gail Rajjayabun (GR), Christine Southam (CS), Laura Farmer (LF), Emma Taylor (ET), Julie Fell (JF), Peter Fell (PF), Mark Drummond (MD), Lindsay Graham (LG), Kev Iveson (KI), Suzanne Forster (SF), Dave McGinn (DM)

Apologies: None

Agenda Topics:

1. Apologies
2. Previous Minutes
3. Treasurer Update
4. Welfare Report
5. Membership Fees 2024/2025
6. DH Website
7. Survey Results
8. DH Chatter
9. Action Plan Updates
10. AOB
11. Date of Next Meeting

1. Apologies

All present.

2. Previous Minutes

Minutes were shared, agreed, and posted on the website.

3. Treasurer Update

Draft accounts were circulated to the Committee prior to the meeting. GR reviewed the figures, noting that storage costs have been reduced from £68.80 to £24.00 per month after moving equipment from Wigton to shared storage with Carlisle Tri Club. A £150 cheque was received from the Cross Country League for hosting the December event. The Committee agreed to make a donation to the football club at Pirelli for use of their facilities, and SD will confirm last year's donation amount. GR will continue to monitor expenditure, flagging any concerns in the Committee WhatsApp group, and will share updated draft accounts before the next meeting.

4. Welfare Report

SD and LG reported no welfare issues.

5. Membership Fees 2024/2025

Following review of finances, the Committee agreed on an early bird renewal offer ending April 2024: £30 for affiliated members (£19 EA affiliation fee included) and £20 for non-affiliated members. After April, fees will rise to £33 and £23 respectively. CW will write a note outlining the benefits of affiliation and reasons for the increase, to be included in the membership renewal email.

6. DH Website

CW reported that website running costs were approximately £600 last year. She has reached out to local web designers for quotes to modernise and make the site more user-friendly. CW will meet with a local company this week and report back. GR will also contact a club member and Carlisle College to explore potential support from students.

7. Survey Results

Survey results were shared in advance. CW summarised feedback and led a discussion on improvements. The Committee agreed that Run Leaders should meet more regularly to plan and implement suggestions from members. SD will conduct a risk assessment for future trail runs. CW will write a summary for the next newsletter detailing survey outcomes.

8. DH Chatter

The “DH Chatter” messenger group, originally created by individual runners, is not an official DH group. LG will contact the group admins to request removal of “DH” from the name to avoid confusion.

9. Action Plan Updates

The Committee reviewed the Action Plan. CS will circulate an updated version for approval with the minutes.

EA Standards: Some Run Leaders still need to complete safeguarding training to maintain qualifications.

Noticeboard at the Sheepmount: Recently completed. Thanks were given to CW, JF, and KI for organising the display, and to others who sourced materials.

Inventory of Storage Items: Completed by CW when items were moved to the new storage facility.

10. AOB

Kit: DM requested assistance with uploading shop items to the website. SD will assist and review pricing. It was agreed that Run Leaders who lead both Tuesday and Thursday sessions may receive a second Run Leader top.

Car Sticker: ET will raffle a vintage DH car sticker, with proceeds going to Hospice at Home, the club’s charity. CS will inform the charity officially.

Championship Race: PF noted that the Lowca 10k has been moved to 30 April. The Committee agreed to retain it as a Championship race.

Email: CS reported ongoing issues with emails bouncing from the DH mailing system. If unresolved, SD will consult the help desk.

Sunday Social in March: LG suggested coordinating the event to support those participating in the duathlon that day. ET will explore this.

Volunteer Week: LG noted Volunteer Week in June and suggested a social gathering for Run Leaders and Committee members. The Committee supported this idea.

11. Date of Next Meeting: April – date to be confirmed.