



# DH Runners Committee Meeting Minutes – 26 November 2022

Carlisle, Cumbria – Saturday 26 November 2022 (Morton Manor)

## DH RUNNERS AGM MINUTES

Saturday 26th November 2022 @ 10:30am – Morton Manor

Present: 59 members (29%)

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1. The minutes of the 2021 AGM were accepted as a true and accurate record.
2. Apologies received from: Wendy Beesley, Andrew Graham, Nicola Jackson, Lucy Jackson, Jenny Robley, Julie Story, and Mark Story.

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### 3. Welcome from the Chair and Report

The Chair welcomed everyone and thanked members for attending. The last 12 months had been extremely active with numerous events and personal achievements.

Despite personal injury, the Chair had supported members at many events including the 3 Villages 5 and the Lakeland 50/100. Notable achievements included:

- First-time ultra finishes in LL50 and LL100
- Continued success across all distances from 5k to 100 miles

Members also raised funds for many charities including NHS Charities Together, The Stroke Association, People First, Eden Valley Hospice, Refuge, The Calvert Trust, Kidney Care UK, and Carlisle Food Bank.

YCR continued successfully with two cohorts in 2022.

The Chair thanked all Run Leaders, the 2022/23 Committee, and especially outgoing members Steve Claringbold, Andrew Graham, Tony Mills, Emma Taylor, and Julie Dodd for their contributions.

Finally, thanks were given to all members for their support and participation throughout the year.

## 4. Report from the Finance Officer

### Membership Costs:

- Courses and training for new Run Leaders.

### Event Costs:

- £150 donation from hosting cross country returned to Pirelli Football Club.
- Subsidised bus for Gateshead 10k Trail.
- River Run costs.
- New trophies from last year's Christmas party.
- Increased storage from £42 to £68.80 per month.

### Administration Costs:

- Last year's AGM.
- Morton Manor hire for committee meetings.

	22/23	21/22
<b>Membership Activities</b>		
Membership	3,183.18	2,485.00
Group/EA Subs / YCR	318.00	0.00
Courses & Training	(1,460.00)	(100.00)
<b>Membership Activities</b>	<b>2,041.18</b>	<b>(2,385.00)</b>
<b>Merchandise</b>	<b>657.81</b>	<b>541.35</b>
<b>Events</b>		
Fundraising	(150.00)	(1,222.00)
Bus Money	(81.00)	(98.00)
Social Events / Free Gift	(538.53)	(1,971.50)
Club entry / affiliation	(1,761.00)	(1,755.00)
Club 10k	1,107.04	(1,008.00)
Club Equipment & Storage	(702.00)	(294.00)
Trophies & Medals	(218.70)	0.00
<b>Event Contribution</b>	<b>(2,344.19)</b>	<b>(6,348.50)</b>
<b>Administration</b>		
Web-site	(47.99)	0.00
Office Costs	(249.60)	(79.82)
Selling Costs	(236.81)	(82.65)
<b>Administration Expenses</b>	<b>(534.40)</b>	<b>(162.47)</b>
<b>TOTAL</b>	<b>(179.60)</b>	<b>(3,584.62)</b>
Cash b/f (1 April 2021)	8,402.37	12,077.10
<b>Cash c/f (19 Nov 22)</b>	<b>8,222.77</b>	<b>8,477.48</b>
<i>Check Totals</i>		
<i>Difference</i>		
Cash at Bank	8,222.77	8,477.48
Reserves b/f	8,477.49	12,062.11
Surplus for year	(254.72)	(3,584.62)
<b>Reserves c/f</b>	<b>8,222.77</b>	<b>8,477.49</b>

#### 5. Run Group Reports

Presented by Cath Wood. Tuesday runs offered 10k and 8-mile routes, Thursday sessions provided 5k and 5-mile routes. The Thursday group celebrated its 8th year. Two You Can Run courses ran successfully, with a new course planned for early 2023. Thanks were given to all Run Leaders for their efforts.

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#### 6. Run Group Survey

Feedback from 57 members (33% response rate) helped shape an Action Plan focused on Run Leader recruitment, communication, and the reintroduction of the newsletter. A new Social Secretary role was proposed. Results and the Action Plan will be available on the website.

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#### 7. Revision to Club Constitution

Proposed amendments were circulated to members prior to the AGM and presented again at the meeting. These were accepted unanimously.

## 6. Life Membership

Life Membership will ordinarily be granted only in recognition of a significant personal contribution to the Club's affairs. Recipients will receive free non-competitive membership of The Club for life. Any EA competitive fees are still required to be paid by the recipient.

Any candidate for Life Membership must be nominated by two members of The Club (proposer and seconder; names and contacts details required). The nomination must consist of a written statement outlining the nature of the candidates support for The Club.

The nominations will then need to receive a majority approval at the annual AGM.

The total number of Life Members is not limited. Up to two Life Memberships, other than in exceptional circumstances, may be granted at each annual AGM.

Nominations are invited by the 15th of November each year.

## 8. Committee

The Club will be managed through the Committee consisting of the following Officer roles:

- Chair
- Vice Chair
- Secretary
- Membership Secretary
- Welfare Officer x 2 – EA now require 2 Welfare Officers
- Finance Officer
- Run Leader Co-ordinator *Title changed from COACHING to RUN LEADER COORDINATOR*
- Cross Country Co-ordinator
- Club Championship Co-ordinator
- Kit Manager
- ~~Male Rep~~ *POSITION DISSOLVED and amalgamated with Male Captain*
- ~~Female Rep~~ *POSITION DISSOLVED and amalgamated with Female Captain*
- Social Secretary *NEW POSITION*
- Male Captain
- Female Captain

The Committee will abide by the following requirements:

- Committee meetings will be held no less than four times per year.
- The quorum required for business to be agreed at Committee meetings will be 7.

*Quorum reduced from 8*

## 8. Election of Officers

Chair – Simon Dolman (Proposed: Lindsay Graham, Seconded: Brian Hazlewood)

Vice Chair – Cath Wood (Proposed: Emma Taylor, Seconded: Matt Charlton)

Finance Officer – Lucy Jackson (Proposed: Julie Fell, Seconded: Matt Charlton)

Secretary – Christine Southam (Proposed: Frances Braithwaite, Seconded: Matt Charlton)

Membership Secretary – Laura Farmer (Proposed: Cath Wood, Seconded: Emma Taylor)

Social Secretary – Clare Ferguson (Proposed: Cath Wood, Seconded: David Wood)

Run Leader Coordinator – Mark Drummond (Proposed: Gail Rajjayabun, Seconded: Bev Armstrong)

Welfare Officers – Lindsay Graham, Simon Dolman (Proposed: Rosie Holliday, Seconded: Caroline Charlton)

Cross Country Coordinator – Matthew Holliday (Proposed: Lindsay Graham, Seconded: Rosie Holliday)

Club Championship Coordinator – Matt Charlton (Proposed: Nathan Weaver, Seconded: Mark Drummond)

Kit Manager – Mark Drummond (Proposed: Brian Hazlewood, Seconded: Emma Taylor)

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## 9. Club Charity of the Year

Nominations received: Alzheimer's Society, Blood Bikes, Carlisle Foodbank, Carlisle Waverley Viaduct Trust, Eden Valley Hospice, and Team Evie.

Following a member vote, Eden Valley Hospice was selected as the 2022/23 Club Charity of the Year.

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## 10. London Marathon Ballot Draw

Nine members entered the ballot. Mark Moore conducted the draw, and the winner was David Wood. Congratulations!

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## 11. Any Other Business

- Proposal for memento trophies for award winners to complement existing shields (committee to review costs).
- Consideration for recognition of 2nd and 3rd Club Championship places – certificates approved.
- Discussion on reintroducing "Run Backs" at Thursday sessions – agreed for ad hoc use.
- Possibility of returning DH 24-hour relay in 2023.
- Club track nights planned for early 2023.
- River Run to return in October 2023.
- Kit supply challenges being addressed with alternate vendors.
- London Marathon ballot rules to be reviewed regarding attendance requirement.

The Chair thanked all attendees for their contributions and for donations to the Carlisle Foodbank and clothes swap.

The meeting was adjourned at 11:18am.